



## **All About Nursery @ FFCA**

Everything we do in Nursery is geared towards creating capable and confident learners who are ready to succeed in JK when they graduate. We start working on this from the moment our kiddies arrive at school. Come join us on a window into their day! Let's get started.

### **8:50 AM      Arrival and drop off into playground**

#### **Why drop off into the playground?**

- ✓ Whether your child is going into JK in 2018 or 2019, you will no longer be able to drop them directly into their classroom. At FFCA, we believe that getting used to saying goodbye to mom and dad at the gate is an important stepping stone in allowing kids to feel confident at drop off once they get to Junior Kindergarten.

### **9:00 - 9:45 Recess/ line up, come inside and get undressed**

#### **Why is recess important?**

- ✓ Recess is one of the most important times of day for children. Once they go to JK, recess can be a very overwhelming time. In Nursery, we use this time to learn how to do things such as find a friend to play with, learn how to navigate social situations on the playground and find a teacher and ask for help.
- ✓ Learning how to "line up," come inside and undress is possibly one of the most important skills kids need to successfully move onto JK. Doing it every day, twice a day in Nursery, will get them ready!
- ✓ Physical education and connectivity with nature! This is so important to the overall wellbeing and health of all of us. Our motto is there is no such thing as bad weather, just bad clothing!! We go out up until -18 with the wind chill, so dress warm!

**9:45 - 11:15      Inquiry Based and Judaic Learning Centres/ Self-Directed Snack/ Open Literacy**

**What do our learning centres look like? What are open ended activities and loose parts?**

- ✓ At FFCA, we focus on the set-up of the environment and the materials being used at our learning centres. Visually appealing, creative and inviting learning centres will draw students in and entice them to investigate. Our centres focus on open ended activities and loose parts, rather than activities where each child has to “do” the same thing.
- ✓ There will always be an alphabet centre open during morning centres.
- ✓ Our Nursery students will partake in our bi-weekly Library Program during the morning as well.

**Let's talk about Judaic Programming!**

- ✓ If it is holiday time, our learning centres are all about the upcoming holiday. For each major holiday, we have what we call a “keepsake,” an item that all children create in Jewish preschool that we hope you will enjoy for years to come. The rest of the time, your child will be learning about the holidays in an engaging, fun and interactive way with less of a focus on traditional art activities.
- ✓ We will celebrate Shabbat each week.
- ✓ Beyond the holidays and Shabbat, issues of social justice and tikun olam are at the core of our values at FFCA. You will see this threaded through our daily life in Nursery and through our school wide celebration of learning events.

## **What is self-directed snack?**

- ✓ Children wake up and eat breakfast at different times. Self-directed snack is a way of reflecting that kids are hungry at different times. Snack is a centre in our morning and kids get to sit down and eat when they are hungry, not at a designated snack time.
- ✓ Snacks from our Healthy Eating Program include home baked granola bars, muffins, banana breads, yogurt, fresh fruit and veggies, crackers and hummus and cheese. The menu and all of our recipes are included in your orientation package.

## **11:15 - 11:30 Circle time**

- ✓ The focus in morning circle is having a morning group meeting, an interactive calendar and reflecting on what the children have discovered in the learning centres that day.

## **11:30 Dismissal for Junior Nursery Students and 2 and 3 Afternoon Full Day Students**

### **Afternoons @ FFCA**

- ✓ Nursery 1 will be set up with a variety of Literacy centres around the room. Children will learn a new letter and sight word a week. Nursery 2 will be set up for creative play and allow for children to explore and engage in meaningful play. The two afternoon Nursery classes will flow through both rooms each afternoon.

## **11:30 - 12:30 Healthy Eating Program and Rest Time**

### **What's for Lunch?**

- ✓ Your child will enjoy a meal from our Healthy Eating Program Menu. Everything is homemade, simple and delicious! The Menu and all of our recipes are included in your orientation package.



**12:30 - 1:25      Recess**

**1:25 - 2:50      Literacy Centres/ Creative Play/ Self- Directed  
Snack**

**What are our Literacy Programs?**

- ✓ Monday and Tuesday we explore a new alphabet letter each week.
- ✓ Wednesday and Thursday are designated for Wally the Whale! Wally will teach a new sight word a week.
- ✓ Fridays are for review, creative play and our bi-weekly Take Home Library Program.

**2:45 - 3:00      Clean up and Dismissal**